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## Education

**Canisius College**                      **Buffalo, New York**                      **August 2006 – December 2007**  
 Masters of Science in Education and Physical Education: School of Education and Human Services  
**Graduating GPA: 3.81**

**Cortland State University**                      **Cortland, New York**                      **August 1994 – May 1999**  
 Bachelor of Science:                      Physical Education  
 Minor:                      Sport Management

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## Teaching Experience

**Diocese of Rochester: Saint Rita School**                      *Physical Education Teacher* (7<sup>th</sup> year)                      **September 2001 – Present**

- Design, plan, implement, educate, and assess students in an innovative Physical Education curriculum by using NYS Standards of Physical Education, those of the Diocese, and personal beliefs and values of a well-organized, health centered school program
- Sole educator of 8 classes per day, meeting 350 students of the Pre-K through 6<sup>th</sup> grade student body twice a week, and provide a safe, healthy, and socially positive environment for students of various learning abilities/disabilities, through concepts such as cooperation, spirit, effort, and care of ourselves and each other
- Decide the most appropriate teaching styles to suit the many needs of the diversity of students, and construct lessons by using various learning spectrums and other grade level curriculum concepts, to reach psychomotor, cognitive, and affective domains of the individual to promote lifetime values and a balance of the students mind, body, and soul
- Coordinate and plan two annual school wide team-oriented events, conduct a health education class for both 5<sup>th</sup> grade and 6<sup>th</sup> grade boys, and responsibility for facility, equipment, and budget concerns and operations

**Webster Central School District**                      *Substitute Teacher*                      **October 2000 – June 2001**

- Responsible for carrying out the expected lesson plans and daily activities of the absent teacher to maintain progress
- Instructed various grade levels and subjects, while receiving references from employed Physical Education teachers
- Maintained proper classroom behaviors of students in the learning environment, in a safe, professional manner

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## Coaching Experience

**Webster Central School District**                      *Boys Junior Varsity Lacrosse Head Coach* (8<sup>th</sup> season)                      **March 2000 – Present**

- Responsible for the safety, planning, and instruction of the daily activities of a 30 member team, with values and skills found necessary for the participation of the sport from a Varsity prospective, and values of the district, athletic department, the league and officials, and of my own nature, knowledge, and experience
- To teach and instruct the proper rules, movements, and skills of the sport to each student-athlete, while observing, and assessing progress, to implement a game plan for the next practice or contest
- Promote unity, sportsmanship, and achievement of goals, through responsibility and commitment to each other, our families, school staff, and the Webster community amongst the various participants of our sport in the area
- Continued positive reinforcement and dedication to the student-athletes of the entire program from 7<sup>th</sup>-12<sup>th</sup> grade, support the staff and participants in any way possible, discuss the dangers of both alcohol/drugs, and have both team/coach volunteer in some form to understand the value of our opportunities as student-athletes, and members of the community

**Webster Central School District: Boys Varsity Ice Hockey Assistant Coach** (7<sup>th</sup> season)                      **November 2001 – Present**

- Support and guide the program's goals implemented by the school district, athletic department, head coach, and league participation
- Supervise/implement daily practice sessions while conducting/creating individual and team drills for development/assessment of skills of both the student and team, while preparing and strategizing for future contests
- Often responsible for the implementation and maintenance of an in/off-season training and work out program, both current and lifetime goals of health, strength, flexibility, agility, and beneficial nutritional practice

- Demonstrate constant support of Head Coach through communication, and positive interaction with players, staff, supporters, and members of the league and its officials
- Provide guidance of the players through a balance of family, school, and sport to reach the many daily, and seasonal goals of both individuals as student-athletes, and overall unity and direction of our team

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**Webster Central School District: Boys Modified Volleyball Head Coach (6<sup>th</sup> season)      September 2002 – Present**

- Guide and direct the student-athletes through the foundations of scholastic athletic participation, including academic policies for play, responding to emergencies, sportsmanship, participation, effort, responsibility, and time management as a member of a scholastic level team, and a representative of our community
- Teach and instruct the fundamental skills, movements, and knowledge of the sport, while promoting the core values of Modified Athletics through individual and team oriented experiences
- Show support, recognition, and understanding of upper level play by attending matches, and holding learning workshops with both the junior varsity and varsity programs
- Continued aspects of tradition and team building with a program wide year end social event, as well as recognition of a Varsity athlete for a scholarship program dedicated to the life of a past Modified player

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## **Related Experience**

**Town of Webster Parks and Recreation      Camp Counselor (17<sup>th</sup> year)      May 1990 – Present**

- Numerous positions include: Pre K/K-3 Counselor, Inclusion Camp Counselor, 4<sup>th</sup> -5<sup>th</sup> Grade Camp Director, 6<sup>th</sup>-8<sup>th</sup> Grade Camp Counselor, and Park Supervisor
- Responsible for the safety and well-being of varying participants up to hundreds per day, while planning, implementing, and guiding both students, staff, and community members in on/off site experiences
- Committed to the community as a whole, and through leadership, communication, dedication and responsibility, upheld values and goals of the Parks and Recreation Department by using experience and knowledge

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## **Certifications/Workshops/Seminars**

- New York State Initial Certification in Physical Education, Pending
- New York State Permanent Certification in Physical Education, Pending
- New York State Certified Athletic Coach – Lacrosse, Hockey, and Volleyball
- First Aid, and CPR/ AED/ Responding to Emergencies
- Identification and Reporting of Child Abuse/Maltreatment, as well as Missing and Exploited Children Workshop
- Section Five Seminar: Operation Offense - Webster Athletic Representative
- Numerous seminars and workshops in both Education and Physical Education (Catholic Education, AAPHERD, etc)

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## **Activities**

- Volunteer, Webster Youth Lacrosse Club
- Volunteer, various Church/Parish Activities
- Numerous Athletic Camp and Clinic Participation
- Director, Webster Box Lacrosse Summer League
- Director, Webster Roller Hockey Summer League, Pending
- Cortland State Varsity Lacrosse 4 year letter recipient

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*References available upon request*

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