

Using assessment as a tool to lead students to a balanced learning of Physical Education

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in Physical Education

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What is Physical Education?

- Recreation
- Relationships
- Sport
- Nutrition
- Team games
- Exercise / Fitness
- Individual participation
- Dance
- Outdoor education



“It is without boundaries”

With so many responsibilities what should we explore?

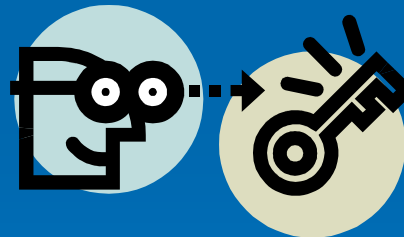
➤ Psychomotor



➤ Cognitive



➤ Affective



“These are the keys to success”

Traditional Physical Education
can take us only so far, we
need to explore our future.



How can we have students
comprehend the importance of PE?
And to practice it for a lifetime?

Answer:

Participation and assessment of all three
domains.



Ideas for assessment in the affective domain

“Modeling”



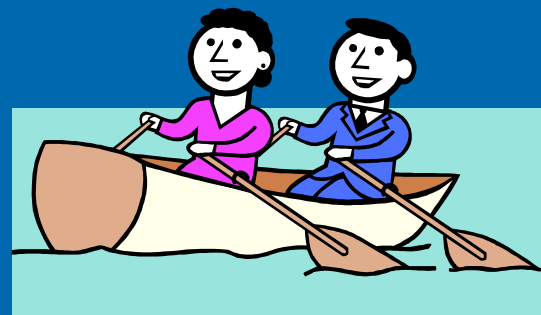
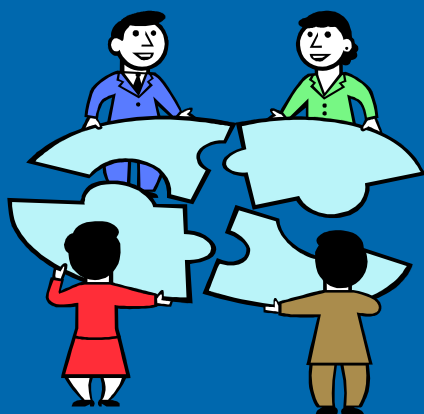
Students can follow directions, actions and attitudes of the instructor.

“The learning environment of the affective domain...”

Tools to use:

- Safe
- Comfortable
- Organized

Partner and group work also inspire our goals



*Use of Hellison's Model is a
great measure of assessment*

Cooperative games and activities help promote the affective domain



Assess on their contribution to these group projects and experiences, and the responsibility they put forth.

How about the cognitive domain?

- Journals
- Portfolios
- Fitness logs
- Volunteer activities
- Peer assessment

The who, what, when, where, why and how, we participate in physical education.

Examples of Assessments in the Cognitive Domain

- Rubrics
- Essays
- Reflections
- Tests / Quizzes
- Knowledge of rules and movements



Using psychomotor
movements as our guide
and the many possibilities
of physical education, we can
create a student rich in
BALANCE.



“Psychomotor + Cognitive + Affective
= Balance =
Mind, Body, & Soul of Physical Education”



References

Article # 1:

Williams, Lori. Including the Affective Domain.(2003, May). Teaching Elementary Physical Education. 3-5.

Article # 2:

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Article #3:

James, Alisa R., Griffin, Linda L., & France Thaddeus. (2005, Spring) Perceptions of assessment in elementary physical education: a case study. Physical Educator. 62, 2.